

BRITISH EMBASSY STOCKHOLM

British Embassy Update 08/06/2020

NEW PUBLIC HEALTH MEASURES at the **UK BORDER**

ENTERING or RETURNING to the UK

If you arrive in the UK after having been outside the Common Travel Area within the last 14 days, then you will need to self-isolate for the remainder of the 14-day period, starting from when you arrived in the Common Travel Area.

If you're a resident or visitor travelling to the UK, you must provide your journey and contact details; you must not leave the place you're staying (known as 'self-isolating') for the first 14 days you're in the UK, except in very limited situations.

You may be fined up to £100 if you refuse to provide your contact details. You may be fined more if you break this rule more than once. You may also be fined up to £1,000 if you refuse to self-isolate, or you could face further action.

There are different self-isolation rules and penalties depending on whether you are travelling to England, Scotland, Wales or Northern Ireland.

You may be refused permission to enter the UK if you are not a British citizen. You may be fined if you do not provide your contact details or do not self-isolate when you arrive in the UK on or after 8 June 2020.

Who does not need to provide their details or self-isolate for 14 days?

You do not need to self-isolate if:

- You're travelling from one of the following places, and you were there for 14 days or more:

Ireland, the Channel Islands, the Isle of Man.

- You live in the UK but work in another country and travel between the UK and your country of work at least once a week

- Live outside the UK but work in the UK and travel between your country of residence and the UK at least once a week.
- Are arriving to attend pre-arranged treatment in the UK.
- A complete list of exemptions from self-isolation can be found here:

www.gov.uk/government/publications/coronavirus-covid-19-travellers-exempt-from-uk-border-rules/coronavirus-covid-19-travellers-exempt-from-uk-border-rules

TRAVEL ADVICE FOR SWEDEN

There are reduced options to fly to the UK from Sweden or via other countries. The airlines and travel operators are best placed to provide up to date information about schedules and flight arrangements.

If you need consular assistance 24/7 support is available from the British Embassy by telephone.

Please call 0046 (0) 8-671 3000.

Please stay on the line and select the option for '*calling about an emergency involving a British national*' to speak to a member of staff.

Full details of the Foreign and Commonwealth Office advice can be seen at:

<https://www.gov.uk/foreign-travel-advice/sweden> and
<https://www.gov.uk/foreign-travel-advice/sweden/return-to-the-uk>

SWEDEN ENTRY AND BORDERS

Restrictions on entry to Sweden by non-residents, and non-EU citizens and their family members have been extended for at least one more month.

Countries neighbouring Sweden (Denmark, Norway and Finland) also have restrictions.

Those normally living and working in Denmark will still be able to enter the country from Sweden. In addition, you are now able to transit through Denmark for onward travel.

GENERAL INFORMATION

If you are in need of immediate medical advice or assistance in Sweden you can contact Swedish health care services at: www.1177.se/Stockholm/

Or call **1177**

You can read guidance for British people travelling and living overseas following the outbreak of novel coronavirus here: <https://www.gov.uk/guidance/travel-advice-novel-coronavirus>

Keep up to date by signing up to email alerts on our Sweden travel advice page: <https://www.gov.uk/foreign-travel-advice/sweden/health#coronavirus>

You can read coronavirus information from the Swedish Public Health Agency here:

<https://www.folkhalsomyndigheten.se/smittskydd-beredskap/utbrott/aktuella-utbrott/covid-19/>

Including information in English:

[https://www.folkhalsomyndigheten.se/smittskydd-](https://www.folkhalsomyndigheten.se/smittskydd-beredskap/utbrott/aktuella-utbrott/covid-19/)

[beredskap/utbrott/aktuella-utbrott/covid-19/skydda-dig-och-andra/information-pa-olika-sprak/engelska/](#)

Krisinformation.se aggregates official Swedish information in other languages, including English, here:

[https://www.krisinformation.se/detta-kan-handa/handelser-och-storningar/20192/myndigheterna-om-det-nya-coronaviruset/andra-sprakother-languages](#)

You can read coronavirus information from Public Health England here:

[https://www.gov.uk/government/organisations/public-health-england](#)

You can read travel advice from the Swedish Ministry of Foreign Affairs here (in Swedish):

[https://www.folkhalsomyndigheten.se/smittskydd-beredskap/utbrott/aktuella-utbrott/covid-19/reserekommendationer-fran-ud/](#)

VISITS TO THE EMBASSY

Due to coronavirus (COVID-19) and related restrictions, you must have an appointment to visits to the Embassy. If you need urgent consular assistance, call 0046 (0) 8-671 3000.

See the Sweden travel advice at www.gov.uk/foreign-travel-advice/sweden for all information on coronavirus (COVID-19). Consular officers cannot provide any additional information by phone.

If you are attending an appointment, contact us in advance if you:

- have been in contact with someone with coronavirus (COVID-19)
- are feeling unwell with a cough, difficulty breathing or fever

If any of the above applies to you, you must contact us to reschedule your appointment for a later date.

For some of our services, you can book an appointment on our website:

<https://www.contact-embassy.service.gov.uk/?country=sweden&post=British%20Embassy%20Stockholm>

For urgent consular assistance, call us on:

0046 (0)8 671 3000 (phone lines are open 24/7).