

BRITISH EMBASSY STOCKHOLM

British Embassy Update 16/10/2020

TRAVEL ADVICE and BORDER MEASURES

Sweden remains on the government's Joint Biodiversity Centre list of travel corridors to the UK. Passengers arriving into the UK from Sweden no longer need to self-isolate, as long as they have not been in, or transited through, any other non-exempt countries in the 14 days preceding arrival. You will still need to provide your journey and contact details before you travel.

UK travel advice restrictions to Sweden have also been removed with immediate effect. Travellers should continue to check the latest advice from the FCDO: www.gov.uk/foreign-travel-advice/sweden

More information is available here:

www.gov.uk/gu.../coronavirus-covid-19-travel-corridors

Please be aware that countries, territories and regions can be taken off or added to this travel corridor list on short notice at any time.

You can sign up to get an email alert whenever this information is updated at:

www.gov.uk/email-signup/?topic=/transport/aviation-passenger-experience

If you are planning to travel to the UK, please check the Government's recent announcement on new local COVID-19 alert levels, as they might affect who you can meet and what you can do once you are there.

You can read more about the COVID alert levels in **England** here:

https://www.gov.uk/government/news/prime-minister-announces-new-local-covid-alert-levels?fbclid=IwAR3TFxeYEq-O_S9HNcUYOSr57Xe1uHQQSSKir6wdUVWUmXgzTdFVnxZKXzg

You can check the alert level for an area in **England** here: www.gov.uk/guidance/full-list-of-local-covid-alert-levels-by-

[area?fbclid=IwAR1v7uwBi9hhjQ8qxrj1fgP08WKyahJ-gcDcMgV5cf75lrT_d-O_A_7F-J8](https://www.gov.uk/guidance/coronavirus-covid-19-restrictions-what-restrictions-mean-you?fbclid=IwAR1v7uwBi9hhjQ8qxrj1fgP08WKyahJ-gcDcMgV5cf75lrT_d-O_A_7F-J8)

If you are travelling to **Scotland**, please check restrictions here: www.gov.scot/coronavirus-covid-19/?fbclid=IwAR0pS7Wq1zjHAEWI6j9byPVUr7Ibx7zL00Llxh1o7IK8KI8Xi3QTMt3he4U

If you are travelling to **Wales**, please check restrictions here: gov.wales/coronavirus-regulations-guidance?fbclid=IwAR1wNuU5gXihlcK72DdsH9ekzSmOgrDUt0h8CWbXlfz72yvngJcw8aAzlBo

If you are travelling to **Northern Ireland**, please check restrictions here: www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-what-restrictions-mean-you?fbclid=IwAR0NiWEajaSrkzqpJBONiCY_LFgf_Gn1AlxJSDyCK5oHjOLXfLU4sv1Ot0o

BANKING

Most people living in Europe should not see any change to their banking after 31 December 2020. Your bank or finance provider should contact you if they need to make any changes to your product or the way they provide it. If you have any concerns about whether you might be affected, contact your provider or seek independent financial advice.

IT'S AWARDS SEASON

It has been a week of awards.

British mathematician Roger Penrose was among the three scientists awarded the Nobel Prize for Physics, for using relativity theory to prove that black holes exist - something even Albert Einstein doubted.

British scientist Michael Houghton was awarded the Nobel Prize for Medicine for discovering the Hepatitis C virus, a common cause of liver cancer and in the past

often transmitted during blood transfusions. The discovery is raising hopes for the first time that the Hepatitis C virus can be eradicated, the Nobel Prize committee said.

The World Food Programme was awarded the Nobel Peace Prize. Since its start in the 1960s as a three-year experiment, it has combated hunger in some of the world's most conflict-ridden places, putting the prospect of peace within reach. The UK is proud to be the third biggest contributor to the programme.

And Prince William launched the Earthshot Prize, rewarding ideas that can help fix the climate, restore nature, revive our oceans, clean our air and build a world free of waste. The first five winners will be announced in 2021.

NOBEL and THE BEATLES

The first patient brain CT scan was done on 1 October 1971. But did you know CAT scans might not have been invented without the pop band The Beatles?

CT, or CAT, scans integrate X-rays with digital technology to generate 3D views of inner organs and soft tissues. Doctors can see clear images of cross-sections of the brain, with the grey and white matter and liquid-filled cavities clearly visible.

Godfrey Hounsfield came up with the idea for CT scans but required considerable financial investment to get it off the ground. Help came in the aid of The Beatles' record company, EMI, whose profits had almost doubled thanks to the band's record sales. EMI began to invest a sizeable amount of money into funding bold research ideas, including Hounsfield's.

Within the space of five years Hounsfield's idea would come to fruition, and few medical achievements would be received with such unreserved enthusiasm as would his invention of computed tomography (CT).

Hounsfield shared the 1979 Medicine Prize with Allan Cormack "for the development of computer assisted tomography (CAT)."

You can read more on 'With a Little Help from My Friends' here:

www.nobelprize.org/prizes/medicine/1979/perspectives/?utm_source=facebook&utm_medium=social&utm_campaign=facebook_page

IF YOU NEED CONSULAR ASSISTANCE

24/7 support is available from the British Embassy by telephone.

Please call 0046 (0) 8-671 3000.

Please stay on the line and select the option for '*calling about an emergency involving a British national*' to speak to a member of staff.

VISITS TO THE EMBASSY

Due to coronavirus (COVID-19) and related restrictions, you must have an appointment to visit the Embassy.

If you have an appointment, you will need to reschedule if you have been in contact with someone with coronavirus, or are feeling unwell with a cough, difficulty breathing or fever.

For some of our services, you can book an appointment on our website:

www.contact-embassy.service.gov.uk/?country=sweden&post=British%20Embassy%20Stockholm